

Breakfast & Brunch

Last orders for breakfast and brunch is 1pm

Reds Breakfast **£6.10**

Two rashers of bacon, Cumberland link sausage, fried egg, beans, black pudding, tomato, tattie scone, toast and butter

Scrambled Egg & Smoked Salmon (gfa) **£3.85**

Scrambled egg and Scottish Loch Fyne smoked salmon with toasted ciabatta

Full Brunch **£5.50**

Two rashers of bacon, Cumberland link sausage, beans, potato wedges, fried egg and toast

Veggie Brunch (v) **£5.50**

Mushrooms, tomato, hash brown, beans, potato wedges, fried egg and toast

Toasted Breakfast Butter Croissant

Mozzarella, ham and tomato **£3.40**

Tomato, avocado, fried egg & cheese (v) **£3.60**

with bacon **£4.20**

Poached Eggs on Toast (v) (gfa) **£2.60**

Two poached eggs with two slices of brown multi-seeded toast

3-egg Omelette (v) (gfa) with multi-seeded toast **£3.20**

with tomatoes, onions and cheese (v) (gfa) **£4.20**

with bacon, mushrooms and tomatoes (gfa) **£4.20**

French Toast Soldiers (v) (gfa) **£3.10**

Fingers of soft brown wholemeal bread soaked in beaten egg with milk and cinnamon, griddled and served with maple syrup

Avocado Toast (v) (gfa) **£4.70**

A light healthy breakfast, toasted ciabatta with avocado and chopped tomatoes topped with poached eggs and lightly drizzled with honey

Trio of Home Made Pancakes on their own (v) **£2.60**

with honey, jam, nutella or maple syrup (v) **£2.90**

with two slices of bacon and maple syrup **£3.95**

Breakfast Rolls with one item of your choice **£1.95**

Add something extra to your breakfast or breakfast roll for 70p each:

Bacon	Cumberland link sausage	Lorne sausage
Mushrooms	Tattie scone	Macsween haggis
Tomato	Fried egg	Scrambled egg
Black pudding	Avocado	Hash Brown

Toast (v) (gfa) **£1.20**

Two slices of white, brown, multi-seeded brown or gluten free

BISTRO MENU



The Child Friendly Bistro and Restaurant

Snacks

Olives (v,gf,df) **£1.80**

with fresh tomatoes and basil (v,gf,df) **£2.10**

Garlic Bread (v) **£2.45**

with melted mozzarella or mozzarella and cheddar **£2.95**

Homemade Nachos with salsa and sour cream **£5.30/£6.30**

Regular/Large (v) **£5.70/£7.20**

Potato Wedges with salad (v,gf,df) **£3.20**

with salad, sour cream and chives (v,gf) **£3.40**

with salad and beef or veg (v) chilli and cheese (gf) **£4.10**

Hand-cut, Skin-on, Chunky Chips (v,gf,df) **£2.60**

with ham and melted cheese (gf) **£3.60**

with beef or veg (v) chilli and melted cheese (gf) **£4.00**

Chicken Goujons (gf) **£4.20**

Tender battered chicken strips with salsa and sour cream

Starters

Soup of the Day with hot crusty bread (gfa,dfa) **£3.95**

Cullen Skink with hot crusty bread (gfa) **£4.95**

A hearty soup originating from the fishing village of Cullen in with new potatoes, smoked haddock, cream and onions

Lentil Soup with hot crusty bread (v,gfa,dfa) **£3.95**

Bruschetta on its own (v,df) **£3.15**

with mozzarella (v) **£3.55**

Smoked Salmon (gfa,dfa) **£4.20**

Fresh Scottish Loch Fyne smoked salmon with mixed leaves, buttered brown bread and a wedge of lemon

Grilled Goats Cheese & Roast Peppers (v) **£4.20**

On toasted ciabatta bread atop a bed of leaves and drizzled with balsamic reduction

Salads

Reds' fresh salads comprise chopped tomatoes, red onions and three types of dressed seasonal leaves

Salad Nicoisse with tuna, olives and egg (gf,df) **£5.70**

Lime Chilli Chicken (gf,df) **£5.70**

Chicken Caesar **£5.70**

Chicken & Bacon (gf,df) **£6.00**

King Prawn Salad (gf,df) **£6.00**

Mozzarella, Tomato & Basil (v) (gf) **£5.40**

Griddled Chicken, Crispy Bacon, Avocado & Parmesan with a Sweet Balsamic Dressing **£6.60**

Jacket Potatoes/Crispy Skins

Jacket potatoes or crispy potato skins served with our homemade nachos and salad

Jacket Potato/Crispy Skins with one item **£5.00**

with beef/veg (v) chilli & cheese (gfa) **£5.70**

with haggis & neeps **£5.90**

with Mexican (chicken, salsa & sour cream) (gfa) **£5.70**

with chicken or veg curry (gfa) **£6.10**

with king prawns & Marie Rose dressing (gfa,df) **£5.90**

with bacon & cheese (gfa) **£5.70**

Additional items for 70p each:

Ham	Beans	Cheese	Tuna mayo
Avocado	Sour cream & chives		

Sandwiches

Choose from panini, ciabatta or bread (thick white, thick wholemeal or gluten free - **add 60p for gluten free bread**). All sandwiches are served with our homemade nachos and dressed salad.

Mozzarella, Tomato & Basil (v,gfa) 	£5.40
Goats Cheese, Tomatoes & Olives (v,gfa) 	£5.60
Mushroom, Garlic & Parmesan (v,gfa) 	£5.40
Egg Mayo (v,gfa,df)	£5.00
Tuna Melt (gfa)	£5.40
Steak, Red Onion Marmalade & Mayo (gfa,df)	£6.10
Chicken, Peppers & Pesto (gfa) 	£5.40
Lime Chilli Chicken (gfa,df)	£5.40
Smoked Salmon & Lemon Chive Cream (gfa) 	£5.40
Bacon, Lettuce & Tomato (BLT) (gfa,df)	£5.40
BLT with Chicken (gfa,df)	£6.10
Bacon, Brie & Cranberry (gfa)	£5.40
BBQ Chicken, Bacon & Cheese	£6.10
Cheese & Ham (gfa)	£4.80

Wraps

A leaf filled flour tortilla with one of the fillings below and served with nachos and dressed salad

Sweet Chilli Chicken with Sour Cream	£5.40
Goats Cheese, Avocado, Mixed Peppers & Sweet Balsamic Dressing (v)	£5.60
Chicken Caesar Salad	£5.40
Chicken & Bacon (df)	£5.40
Prawn Mayo (df) 	£5.60
Avocado Caprese (v) 	£5.80
Spicy Bean Burger, Tomato & Mayo (v,df)	£5.60

Soup & Sandwich/Wrap

Just add **£2** to any of the above sandwiches or wraps and replace the nachos, salad and soup roll with either lentil or soup of the day.

Main Meals

Chicken New Yorker	£7.50
<i>Slices of chicken breast with bacon, BBQ sauce and melted cheese served with salad and a choice of chips, mash or roast potatoes</i>	
Haggis, Neeps & Tatties	£7.50
<i>Macsween award winning traditional Scottish haggis served with creamy mash potatoes and lightly seasoned mashed neeps</i>	
Chicken & Prawn Pasta (dfa) 	£7.20
<i>Home made creamy pasta sauce with chicken, prawns, rough chopped fresh tomatoes and topped with fresh basil</i>	
Macaroni Cheese (v) with chips or garlic bread	£6.50
<i>Always a firm family favourite, macaroni pasta served in a really cheesy sauce and topped with more melted cheese</i>	
Freshly Battered Fish, Chips & Peas (gf,df)	£7.80
<i>Locally sourced fresh haddock in a light, crispy batter served with hand-cut, skin-on, chunky chips and petit pois peas</i>	
Wholetail Scampi, Chips & Peas	£7.80
<i>Wholetail scampi in breadcrumbs served with hand-cut, skin-on, chunky chips and petit pois peas</i>	
Steamed Cod & Red Chilli Pesto (gf)	£7.80
<i>Marinated chunks of steamed cod with wok tossed peppers and onions in a homemade chilli red pepper and tomato pesto. Served with basmati rice.</i>	
Lime Chilli Chicken with chips or rice (gf,df)	£7.30
<i>Chicken marinated in a sweet lime and chilli oil and pan fried</i>	
Sweet Sticky Chicken	£7.50
<i>Chicken, peppers and onions tossed in honey and soy sauce. Served with chips or rice</i>	
Beef/Veg (v) Chili Bowl (gfa,dfa)	£7.10
<i>With sour cream, nachos, chips or rice</i>	
Enchilada with nachos, dips and chips or rice	£7.80
<i>Chicken, chilli or vegetarian (v) enchilada with spicy enchilada sauce</i>	
Reds Curry with chips or rice (gf)	£7.80
<i>A mild chicken or vegetarian (v) curry with Indian spices</i>	



healthier option
v vegetarian
df dairy free

dfa dairy free available
gf gluten free
gfa gluten free available

Burgers

For the ultimate gourmet experience we've teamed up our burgers with luxurious French brioche burger buns (add 70p for a **gf** brioche bun). Our burgers are also served with hand-cut, skin-on, chunky chips and salad dressed with our own honey mustard mayo

Reds Burger	£8.20
<i>6oz premium beef burger with bacon, griddled onions, melted cheese and barbeque sauce</i>	
Mexicana Burger	£8.20
<i>6oz premium beef burger, griddled chicken breast or vegetarian burger (v) with melted cheese, jalapenos, salsa and a sour cream dip</i>	
Chilli Burger	£8.20
<i>6oz premium beef burger, griddled chicken breast or vegetarian burger (v) with melted cheese and beef or veg (v) chilli</i>	
Scottish Burger	£7.45
<i>6oz premium beef burger or griddled chicken breast topped with Macsween award winning traditional Scottish haggis</i>	
Brie & Cranberry Burger	£7.95
<i>6oz premium beef burger, griddled chicken breast or vegetarian burger (v) with melted brie and cranberry</i>	
Beef Burger	£7.10
<i>Traditional 6oz premium beef burger with lettuce and sliced tomato</i>	
Reds Crispy Bacon & Avocado Burger	£8.20
<i>6oz premium beef burger, griddled chicken breast or vegetarian burger (v) with crispy bacon, avocado, lettuce, tomato and red onion</i>	
Sirloin Steak Burger	£8.20
<i>4oz sirloin steak topped with griddled tomato, mushrooms and red onions and a side of homemade tomato relish</i>	
Chicken Burger	£6.95
<i>Griddled breast of chicken with lettuce and sliced tomato</i>	
Vegetarian Burger (v)	£6.95
<i>With lettuce and sliced tomato</i>	
Spicy Bean Burger (v)	£7.10
<i>A burger comprising spicy beans, tomato, sweetcorn, cheddar and cream cheese in a crispy rice coating. Topped with lettuce, sliced tomato and red onions</i>	

Additional toppings for 70p each:

Chilli	Cheese	Bacon	Fried egg	Avocado
Mushrooms		Red onions		Jalapenos
Red onion marmalade			Homemade tomato relish	