

# BISTRO MENU

(non-vegetarian)

## Snacks & Starters

**Garlic Bread (v)** £2.45  
with melted mozzarella or mozzarella and cheddar £2.95

**Homemade Nachos** with salsa and sour cream  
Regular/Large (v) £5.30/£6.30  
Regular/Large with beef chilli £5.70/£7.20

**Reds Chunky Chips (v,gf,df)** £2.60  
Hand cut, skin-on Maris Piper Potato Chips  
with ham and melted cheese (gf) £3.60  
with beef chilli and melted cheese (gf) £4.00  
with bbq pulled pork and melted cheese £4.50

**Cullen Skink** with hot crusty bread (gfa) £4.95  
A hearty soup originating from the fishing village of Cullen in Morayshire with new potatoes, smoked haddock, cream, dill and onions

**Crispy Chicken Goujons (gf,dfa)** £3.50  
Five strips of chicken in a gluten free crispy batter served with your choice of BBQ, sweet chilli or sriracha mayo

## Salads

Reds fresh salads comprise chopped tomatoes, red onions and several types of crunchy, crisp leaf lettuce including radicchio, cos, lollo rosso and frisee.

**Lime Chilli Chicken (gf,df)** £5.70  
Dressed with Reds own honey, mustard & mayo dressing

**Chicken Caesar** £5.70

**Chicken & Bacon (gf,df)** £6.00  
Dressed with Reds own honey, mustard & mayo dressing

**Griddled Chicken, Crispy Bacon, Avocado & Parmesan with a Sweet Balsamic Dressing** £6.70

**df** dairy free      **dfa** dairy free available  
**gf** gluten free      **gfa** gluten free available  
(items with gluten free bread are 60p extra)

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Reds Edinburgh

## Sandwiches

Choose from panini, ciabatta or bread (thick white, wholemeal or gluten free - **add 60p for gluten free bread**). All sandwiches are served with our homemade nachos and dressed salad.

**Tuna Melt (gfa)** £5.60  
**Steak, Red Onion Marmalade & Mayo (gfa,df)** £6.20  
**Chicken, Peppers & Pesto (gfa)** £5.60  
**Lime Chilli Chicken (gfa,df)** £5.60  
**Smoked Salmon & Lemon Chive Cream(gfa)** £5.60  
**Bacon, Lettuce & Tomato (BLT) (gfa,df)** £5.60  
**BLT with Chicken (gfa,df)** £6.20  
**Bacon, Brie & Cranberry (gfa)** £5.60  
**BBQ Chicken, Bacon & Cheese** £6.20

## Wraps

A leaf filled flour tortilla with one of the fillings below and served with nachos and dressed salad. As it is or toasted.

**Sweet Chilli Chicken with Sour Cream** £5.70  
**Chicken Caesar Salad** £5.70  
**Chicken, Bacon and Mayo (df)** £5.70  
**Prawn Mayo (df)** £5.80  
**Tuna, Lemon Mayo, Avocado & Tomato (df)** £5.80  
**BBQ Pulled Pork, Peppers and Onions** £5.80

## Soup & Sandwich/Wrap

Just add £2 to any sandwich or wrap and replace the nachos, salad and roll with lentil or soup of the day. £3 with Cullen Skink

## Jacket Potatoes/Crispy Skins

Jacket potatoes or crispy potato skins served with our homemade nachos and dressed salad

with one item £5.30  
with beef chilli & cheese (gfa) £6.00  
with Mexican (chicken, salsa & sour cream) (gfa) £6.00  
with chicken, king prawn or veg curry (gfa) £6.50  
with king prawns & Marie Rose dressing (gfa,df) £6.00  
with bacon & cheese (gfa) £6.00  
with BBQ pulled pork & cheese (gfa) £6.00

Ham Beans Cheese Tuna mayo £0.70  
Avocado Sour cream & chives (per item)

## Main Meals

**Chicken New Yorker** £7.50  
Slices of chicken breast with bacon, BBQ sauce and melted cheese served with dressed salad and chips

**Haggis, Neeps & Tatties** £7.50  
Macsween award winning traditional Scottish haggis with creamy mash potatoes and lightly seasoned mashed neeps

**Freshly Battered Fish, Chips & Peas (gf,df)** £7.80  
Locally sourced fresh haddock in a light, crispy batter served with hand-cut, skin-on, chunky chips and petit pois peas

**Lime Chilli Chicken** with chips or rice (gf,df) £7.30  
Chicken marinated in a sweet lime and chilli oil and pan fried

**Beef Chilli Bowl (gfa,dfa)** £7.10  
With nachos, sour cream dip & chips or rice

**Enchilada** with nachos, dips & chips or rice £7.80  
Fresh chicken, peppers and mild enchilada sauce wrapped in a tortilla and covered in more enchilada sauce and melted cheese

**Toasted Chilli Burrito** with nachos and side salad £7.80  
Beef chilli with boiled basmati rice, haricot beans and cheese in a tortilla wrap with a side of sour cream

**Reds Curry** with chips or rice (gf) £7.80  
A mild chicken, prawn curry with Indian spices

## Burgers

A 6oz beef or a 6oz homemade Louisiana chicken burger with luxurious French brioche burger buns. Served with hand-cut, skin-on, chunky chips and salad dressed with our own honey mustard mayo

**Reds Burger** with bacon, onions, cheese & BBQ sauce £8.20

**Mexicana Burger** with cheese, jalapenos, salsa £8.20

**Chilli Burger** with cheese and beef chilli £8.20

**Scottish Burger** with Macsween Scottish haggis £7.95

**Reds Crispy Bacon & Avocado Burger** £8.50

**Brie & Cranberry Burger** £7.95

**Just a Burger** with lettuce, sliced tomato & mayo £7.10

Chilli Cheese Bacon Fried egg £0.70  
Avocado Mushrooms Red onions (per item)  
Jalapenos Red onion marmalade

\* All our food is freshly prepared on the premises where nuts, gluten and other allergens as well as meat are present. Our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. We use soya bean oil produced from genetically modified soya.

# BISTRO MENU

## (vegetarian)

### Snacks & Starters

**Garlic Bread** £2.45  
with melted mozzarella or mozzarella and cheddar £2.95

**Homemade Nachos (vg)** with vegan cheese & a side of salsa  
Regular/Large £5.50/£6.50  
Regular/Large with veg chilli £5.90/£7.40

**Reds Chunky Chips (gf,vg)** £2.60  
Hand cut, skin-on Maris Piper Potato Chips  
with melted vegan cheese (gf,vg) £3.80  
with veg chilli and melted vegan cheese (gf,vg) £4.20

**Soup of the Day** with hot crusty bread (gfa,vg) £3.95  
Unique, always vegan, always super tasty

**Lentil Soup** with hot crusty bread (gfa,vg) £3.95  
A traditional recipe and great winter warmer soup that hits the mark every time

**Grilled Goats Cheese & Roast Peppers** £4.20  
On toasted ciabatta bread atop a bed of dressed leaves and drizzled with balsamic reduction

**Crispy Quorn Goujons (gf)** £3.50  
Five strips of quorn chicken in a gluten free crispy batter served with your choice of BBQ, sweet chilli or sriracha mayo

**Reds Guacamole (gfa,vg)** £3.90  
Made to order, super fresh mashed avocado, chopped tomatoes, garlic, soya milk and black pepper served with melba toast, dressed salad and a slice of lemon

### Salads

Reds fresh salads comprise chopped tomatoes, red onions and several types of crunchy, crisp leaf lettuce including radicchio, cos, lollo rosso and frisee

**Goats Cheese, Avocado & Apple** £6.00  
with Balsamic Reduction Dressing (gf,df)

**Soya Chicken Caesar** £5.90

vg vegan df dairy free dfa dairy free available  
gf gluten free gfa gluten free available  
(items with gluten free bread are 60p extra)

### Sandwiches & Wraps

Choose from panini, ciabatta, leaf filled wrap or bread (thick white, thick wholemeal or gluten free - add 60p for gluten free bread). All are served with our homemade nachos and salad drizzled with Reds own balsamic reduction dressing

**Mozzarella, Tomato & Basil (gfa)** £5.50

**Soya Chicken, Avocado & Vegan Cheese (vg,gfa)** £5.70

**Tomato, Onion & Vegan Cheese (gfa,vg)** £5.70

**Goats Cheese, Tomato & Red Onion Marmalade (gfa)** £5.70

**Sweet Chilli Soya Chicken & Sour Cream** £5.70

**Goats Cheese, Avocado, Mixed Peppers & Sweet Balsamic Dressing** (only available in wrap) £6.00

**Cool Spicy Mexican Bean & Vegan Cheese** £6.20  
(only available in wrap) (vg)

### Soup & Sandwich/Wrap

Just add £2 to any sandwich or wrap and replace the nachos, salad and soup roll with either lentil or soup of the day

### Jacket Potatoes/Crispy Skins

Jacket potatoes or crispy potato skins served with our homemade nachos and salad dressed with Reds own balsamic reduction dressing

**Jacket Potato/Crispy Skins** with one item £5.30

with veg chilli & vegan cheese (vg,gfa) £6.00

with Mexican (soya chicken, salsa, sour cream) (gfa) £6.00

with veg curry (gfa) £6.50

with MacSweens veggie haggis (vg) £5.90

with vegan cheese & beans (vg,gfa) £6.00

..... and available as Crispy Skins only

with spinach mash, roasted peppers, onions & mushrooms and sprinkled with chilli flakes (vg,gfa) £6.00

with garlic and avocado mash & topped with fresh chopped tomatoes (vg,gfa) £6.00

### Main Meals

**Veggie Haggis, Neeps & Tatties (vg)** £7.50  
MacSween award winning traditional Scottish veggie haggis served with lightly seasoned mash potatoes and neeps

**Macaroni Cheese** with chips or garlic bread £6.50  
Always a firm family favourite, macaroni pasta served in a really cheesy sauce and topped with more melted cheese

**Veggie Chilli Bowl (gfa,vg)** £7.10  
With nachos, salsa dip & chips or rice

**Enchilada** with nachos, dips & chips or rice £7.80  
Tasty strips of soya chicken, fresh peppers and mildly spicy enchilada sauce wrapped in a tortilla and smothered in more enchilada sauce and melted cheese

**Toasted Chilli Burrito (vg)** with nachos & salad £7.80  
Veggie chilli with boiled basmati rice, haricot beans and vegan cheese in a tortilla wrap.

**Reds Thai Coconut Curry** with chips or rice (gf) £7.80  
A mild soya chicken or vegetable curry with Thai spices

### Burgers

Delicious roasted beetroot and quinoa burgers in a vegan gourmet sourdough bun. Served with hand-cut, skin-on, chunky chips and salad dressed with Reds own balsamic reduction dressing

**Mexicana Burger (vg)** £8.70  
with melted vegan cheese & jalapenos

**Chilli Burger (vg)** £8.70  
with melted vegan cheese & veg chilli

**Scottish Burger (vg)** £8.50  
topped with MacSween award winning veggie Scottish haggis

**Brie & Cranberry Burger** £8.50

**Just a Burger** with lettuce & tomato (vg) £7.60

**Avocado Burger** with avocado, lettuce & tomato (vg) £8.70

Veg chilli Vegan cheese Fried egg £0.70  
Avocado Mushrooms Red onions (per item)  
Jalapenos Red onion marmalade

**Additional iron (vg)** £0.70  
Increase your iron intake by adding spinach to your sandwich, potato, skins or burger

\* For allergy advice see over



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